

For more information, contact
Rachel Newsome, Director
Communications/Development
618-398-7500



FOR IMMEDIATE RELEASE

Illinois Center for Autism Hosts Bike-at-Dawn

Fairview Heights, Illinois, Aug. 23, 2011 –Rise and shine for the Illinois Center for Autism’s (ICA) third annual Bike-at-Dawn event on Sunday, August 28. Registration begins at 5:00 a.m. the day of the event or by contacting ICA and on our website. The ride commences at 6 a.m. from the Illinois Center for Autism’s parking lot at 548 South Ruby Lane, Fairview Heights, Illinois.

The morning will be filled with the option of two scenic routes through the back roads of Fairview Heights - one short, 8-mile and one long, 20-mile route. There will also be snacks, beverages, a raffle drawing for a beautiful hand-made quilt and attendance prizes! The cost to participate is \$20 per person or \$30 per family up to four. All participants receive a commemorative T-shirt!

For those non-early risers we have a ‘virtual ride’ available or a “satellite-ride” for anyone out of town who may want to conduct their own ride! Cost for both is \$25 and offsite “riders” will receive a complimentary T-shirt.

Statistically, each year, 1 in 110 children are diagnosed with autism spectrum disorder (ASD), a developmental disorder. Awareness, early diagnosis and treatment are essential to insuring a better quality of life for individuals with the disorder.

ICA continues to pursue windows of opportunity to insure each student and/or client has the hope of achieving the highest level of independence possible in their home, school and community.

For more information on our Bike-at-Dawn, please contact the Illinois Center for Autism at 618-398-7500 or email judith.mosby@illinoiscenterforautism.org

The Illinois Center for Autism, located at 548 S. Ruby Lane in Fairview Heights, is a non-profit, community-based mental health treatment and education agency. For more information about these services or autism, visit the Illinois Center for Autism website at www.illinoiscenterforautism.org.